

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hoffmann Serge HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BUTTERFLY WOMEN					Heat:3, starttime: 09:05
Heat: 3/5 Lane : 8 Athlete: BROECKAERT NOA					Q-time: 01:06:23
PB (25m pool): 1:07.11 Antwerpen 12 Oct 2025					PB (50m pool): 1:06.23 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.78		1:07.11	
		30.78		36.33	
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN					Heat:4, starttime: 09:05
Heat: 4/5 Lane : 5 Athlete: MAEREVOET MARIE					Q-time: 01:03:05
PB (25m pool): 1:02.95 Mol 24 Jul 2021					PB (50m pool): 1:03.05 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.87		1:02.95	
		28.87		34.08	
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:5, starttime: 09:15
Heat: 5/7 Lane : 4 Athlete: LAVDANITI ZHULIAN XHOI					Q-time: 00:55:56
PB (25m pool): 55.56 Copenhagen (DEN 14 Dec 2024					PB (50m pool): 57.55 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		26.84		55.56	
		26.84		28.72	
					

Coach feedback:

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Event number: 31: 100M BACKSTROKE MEN					Heat:6, starttime: 09:15
Heat: 6/7 Lane : 3 Athlete: VOLDERS ARNE					Q-time: 00:57:84
PB (25m pool): 57.84 Antwerpen 11 Oct 2025					PB (50m pool): 59.01 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.79		57.84	
	27.79		30.05		
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:7, starttime: 09:20
Heat: 7/7 Lane : 2 Athlete: HEYRMAN TIGO					Q-time: 00:58:69
PB (25m pool): 58.69 Kapellen 2 Jun 2024					PB (50m pool): 1:00.95 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.27		58.69	
	28.27		30.42		
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:7, starttime: 09:20
Heat: 7/7 Lane : 8 Athlete: GORIS RUBEN					Q-time: 00:59:51
PB (25m pool): 59.51 Kapellen 1 Jun 2025					PB (50m pool): 1:01.15 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.73		59.51	
	28.73		30.78		
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN					Heat:3, starttime: 09:20
Heat: 3/5 Lane : 3 Athlete: LEPAGE AMÉLIE					Q-time: 00:33:64
PB (25m pool): 33.64 Antwerpen 12 Oct 2025					PB (50m pool): 34.68 SB:
	2 5 M	5 0 M			
PB		33.64			
	33.64				
					

Coach feedback:

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Event number: 32: 50M BREASTSTROKE WOMEN										Heat:4, starttime: 09:25	
Heat: 4/5 Lane : 1 Athlete: FATIH AYA										Q-time: 00:34:23	
PB (25m pool): 34.50 Geel 11 Feb 2024										PB (50m pool): 34.23 SB:	
	2 5 M		5 0 M								
PB			34.50								
	34.50										
											

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN										Heat:4, starttime: 09:25	
Heat: 4/5 Lane : 5 Athlete: DHOOGHE KATIA										Q-time: 00:32:66	
PB (25m pool): 32.66 Gent 11 Nov 2024										PB (50m pool): 32.75 SB:	
	2 5 M		5 0 M								
PB			32.66								
	32.66										
											

Coach feedback:

Event number: 33: 200M FREESTYLE MEN							Heat:3, starttime: 09:30	
Heat: 3/5 Lane : 6 Athlete: KINDT LEVI							Q-time: 01:51:90	
PB (25m pool): 1:51.48 Antwerpen 11 Oct 2025				PB (50m pool): 1:54.69 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		25.38		53.77		1:23.10		1:51.48
	25.38		28.39		29.33		28.38	
								

Coach feedback:

Event number: 33: 200M FREESTYLE MEN							Heat:4, starttime: 09:35	
Heat: 4/5 Lane : 3 Athlete: LAMMENS SEPPE							Q-time: 01:50:32	
PB (25m pool): 1:50.32 Gent 11 Nov 2024				PB (50m pool): 1:53.88 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		25.68		53.35		1:22.24		1:50.32
	25.68		27.67		28.89		28.8	
								

Coach feedback:

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Event number: 33: 200M FREESTYLE MEN							Heat:5, starttime: 09:35	
Heat: 5/5 Lane : 8 Athlete: BRACKE ERNO							Q-time: 01:55:15	
PB (25m pool): 1:55.15 Gent 11 Nov 2024				PB (50m pool): 1:57.38 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.67		55.44		1:25.12		1:55.15
	26.67		28.77		29.68		30.3	
								

Coach feedback:

Event number: 34: 200M BACKSTROKE WOMEN							Heat:2, starttime: 09:40	
Heat: 2/4 Lane : 4 Athlete: BROECKAERT NOOR							Q-time: 02:14:34	
PB (25m pool): 2:14.34 Gent 11 Nov 2024				PB (50m pool): 2:19.38 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		30.96		1:05.63		1:40.32		2:14.34
	30.96		34.67		34.69		34.2	
								

Coach feedback:

Event number: 34: 200M BACKSTROKE WOMEN							Heat:2, starttime: 09:40	
Heat: 2/4 Lane : 7 Athlete: HEIJL OLIVIA							Q-time: 02:22:97	
PB (25m pool): 2:22.36 Sint Amandsberg 11 Nov 2023				PB (50m pool): 2:24.55 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		32.47		1:08.37		1:45.29		2:22.36
	32.47		35.90		36.92		37.7	
								

Coach feedback:

Event number: 34: 200M BACKSTROKE WOMEN							Heat:3, starttime: 09:45	
Heat: 3/4 Lane : 4 Athlete: METZEMAKERS LéA							Q-time: 02:14:10	
PB (25m pool): 2:14.10 Gent 11 Nov 2024				PB (50m pool): 2:23.15 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		32.21		1:06.45		1:40.63		2:14.10
	32.21		34.24		34.18		33.47	
								

Coach feedback:

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Event number: 34: 200M BACKSTROKE WOMEN							Heat:4, starttime: 09:45	
Heat: 4/4 Lane : 2 Athlete: KELDERMAN FRAN							Q-time: 02:22:41	
PB (25m pool): 2:22.41 Antwerpen 11 Oct 2025				PB (50m pool): 2:27.77 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		33.50		1:09.43		1:46.34		2:22.41
	33.50		35.93		36.91		36.07	
								

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN							Heat:3, starttime: 09:55	
Heat: 3/6 Lane : 5 Athlete: DE WINTER YARNO							Q-time: 00:25:94	
PB (25m pool): 25.94 Herentals 17 May 2025				PB (50m pool): 26.19 SB:				
	2 5 M		5 0 M					
PB			25.94					
	25.94							
								

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN										Heat:3, starttime: 09:55	
Heat: 3/6 Lane : 7 Athlete: BRACKE ERNO										Q-time: 00:26:16	
PB (25m pool): 26.16 Herentals 17 May 2025										PB (50m pool): 27.03 SB:	
	2 5 M		5 0 M								
PB			26.16								
	26.16										
											

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN							Heat:4, starttime: 09:55	
Heat: 4/6 Lane : 3 Athlete: VANHAMEL YONAS							Q-time: 00:25:13	
PB (25m pool): 25.40 Hoogstraten 28 Sep 2025				PB (50m pool): 25.13 SB:				
	2 5 M		5 0 M					
PB			25.40					
	25.40							
								

Coach feedback:

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Event number: 35: 50M BUTTERFLY MEN							Heat:5, starttime: 09:55	
Heat: 5/6 Lane : 1 Athlete: VERVLOET RUWEN							Q-time: 00:25:76	
PB (25m pool): 25.74 Nijlen 19 Nov 2022							PB (50m pool): 25.90 SB:	
	2 5 M		5 0 M					
PB			25.74					
	25.74							
								

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN							Heat:5, starttime: 09:55	
Heat: 5/6 Lane : 4 Athlete: VAN HOOYDONCK VINCENT							Q-time: 00:24:31	
PB (25m pool): 24.31 Gent 11 Nov 2024							PB (50m pool): 24.21 SB:	
	2 5 M		5 0 M					
PB			24.31					
			24.31					
								

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN							Heat:5, starttime: 09:55	
Heat: 5/6 Lane : 8 Athlete: JANSSENS RENZO							Q-time: 00:25:84	
PB (25m pool): 25.84 Mol 20 Oct 2024							PB (50m pool): 26.21 SB:	
PB	2 5 M		5 0 M					
			25.84					
	25.84							
								

Coach feedback:

Event number: 37: 200M BREASTSTROKE MEN						Heat:3, starttime: 10:10		
Heat: 3/5 Lane : 3 Athlete: DESPALLIER DAAN						Q-time: 02:21:60		
PB (25m pool): 2:21.60 Antwerpen 11 Oct 2025			PB (50m pool): 2:22.13 SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		32.69		1:09.23		1:45.59		2:21.60
	32.69		36.54		36.36		36.01	
								

Coach feedback:

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Event number: 37: 200M BREASTSTROKE MEN							Heat:4, starttime: 10:15	
Heat: 4/5 Lane : 3 Athlete: METZEMAKERS NOA							Q-time: 02:21:55	
PB (25m pool): 2:21.26 Antwerpen 11 Oct 2025				PB (50m pool): 2:23.76 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.27		1:07.82		1:45.49		2:21.26
	31.27		36.55		37.67		35.77	
								

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN							Heat:7, starttime: 10:30	
Heat: 7/8 Lane : 1 Athlete: MAEREVOET MARIE							Q-time: 00:58:05	
PB (25m pool): 57.48 Geel 19 Feb 2022				PB (50m pool): 58.96 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		27.81		57.48				
	27.81		29.67					
								

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN							Heat:7, starttime: 10:30	
Heat: 7/8 Lane : 3 Athlete: RAVELINGIEN LANA							Q-time: 00:56:64	
PB (25m pool): 56.07 Leuven 13 Nov 2022				PB (50m pool): 56.30 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		27.34		56.07				
	27.34		28.73					
								

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN							Heat:7, starttime: 10:30	
Heat: 7/8 Lane : 6 Athlete: METZEMAKERS LéA							Q-time: 00:57:11	
PB (25m pool): 57.11 Gent 10 Nov 2024				PB (50m pool): 57.82 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		27.73		57.11				
	27.73		29.38					
								

Coach feedback:

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Event number: 38: 100M FREESTYLE WOMEN					Heat:8, starttime: 10:30
Heat: 8/8 Lane : 2 Athlete: VAN DEN WYNGAERT ELIZABETH					Q-time: 00:57:34
PB (25m pool): 57.34 Geel 15 Feb 2025					PB (50m pool): 58.24 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.77		57.34	
	27.77		29.57		
					

Coach feedback:

Event number: 39: 100M MEDLEY MEN					Heat:5, starttime: 10:40
Heat: 5/9 Lane : 2 Athlete: DE WINTER YARNO					Q-time: 01:01:04
PB (25m pool): 1:01.04 Gent 11 Nov 2024					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.71		1:01.04	
	27.71		33.33		
					

Coach feedback:

Event number: 39: 100M MEDLEY MEN					Heat:7, starttime: 10:45
Heat: 7/9 Lane : 1 Athlete: VANHAMEL YONAS					Q-time: 01:00:16
PB (25m pool): 1:00.16 Hoogstraten 28 Sep 2025					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB					
					

Coach feedback:

Event number: 39: 100M MEDLEY MEN					Heat:7, starttime: 10:45
Heat: 7/9 Lane : 8 Athlete: VERVLOET RUWEN					Q-time: 01:00:33
PB (25m pool): 1:00.33 Geel 15 Feb 2025					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.67		1:00.33	
	27.67		32.66		
					

Coach feedback:

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Event number: 39: 100M MEDLEY MEN					Heat:9, starttime: 10:45									
Heat: 9/9 Lane : 8 Athlete: HEYRMAN TIGO										Q-time: 01:00:26				
PB (25m pool): 59.66 Berchem 2 Oct 2022										PB (50m pool): No time SB:				
		2 5 M		5 0 M		7 5 M		1 0 0 M						
PB														
														

Coach feedback: